

Tulare Union High School



Student Support Services Handbook

The following handbook has been designed for students and their families of the Tulare Union Tribe to better understand the supportive services we offer within the Counseling Dept. We have divided the handbook into three sections: **Academic Counseling Services**, **College and Career Readiness** and **Social/Emotional Services**. If you have further questions about a particular service please do not hesitate to contact your counselor or any of the staff within the Counseling Dept. The names and contact information of our counselors and staff are listed below.

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Yesenia Maldonado - Career Technician

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Academic Counseling Services

Academic Advising

All TU counselors provide academic advising to students and their families. This resource helps students navigate graduation requirements, A-G requirements for college acceptance, educational policies, and college and career opportunities to help students achieve their academic goals. Academic advising is done Mon.-Fri. on a walk-in basis, or by appointment. Students and parents may contact their counselor to access this service.

Sophomore Counseling

Individualized academic advising appointments are scheduled for each student and parent(s) during the first semester of their sophomore year. This process ensures all sophomore students have met with their counselor, received information about college and career readiness and mapped out a 4-year plan for their academic success.

Transcript Requests

Students and parents can receive copies of student's transcripts and other educational records via the school website link or through the registrar/secretary in the counseling office.

AVID

AVID stands for Advancement Via Individual Determination. It is a college readiness program designed to help students develop the skills they need to be successful in college. The program places special emphasis on growing writing, critical thinking, teamwork, organization and reading skills. AVID students possess and demonstrate average or above average academic potential. Their school participation is evident of their individual determination to

pursue postsecondary education. Interested students can discuss this opportunity with their counselor.

English Language Development (ELD) Program

Students learning English as their second language can benefit from the TU ELD program. The mission of the program is threefold; to develop literacy skills appropriate to grade level content, to develop English language fluency quickly and efficiently in order for students to participate fully in meaningful instruction and school activities and to develop academic achievement in all content areas according to grade level standards.

Migrant Education Services

Migrant Education is a national federally funded program that provides services to children and youth ages 3 - 21, whose education has been interrupted in the past three years because of the need for parents to relocate to other areas in order to find agricultural or seasonal work. At TU, our migrant students receive specialized tutoring and individualized guidance on credit recovery and college readiness. Additionally, migrant families are invited to attend parent education through the district wide migrant program.

Dual Enrollment with Community Colleges

TU offers college level courses in the subject of English for students wanting to gain college credit while still in high school. For more information about these community college courses ask your counselor.

AP Courses

Advanced Placement (AP) curriculum, administered by the College Board, consists of standardized high school courses that are roughly equivalent to undergraduate college courses. After completing an AP class, students typically take the AP exam in that subject, which can earn them credits and accelerate placement in college. TU offers the following AP Courses: European History, Art History, US History, Government, English 3 & 4, Biology, Physics, Chemistry, Calculus A & B, Statistics, Computer Science, Spanish Language and Spanish Literature and Psychology.

Credit Recovery

TU offers a variety of options to students needing to make up high school credits. If a student falls behind in credits, or transfers into the school lacking some of their required credits their counselor will meet with them to discuss a plan on how to make up these credits. Credit recovery options include; Plato, Edgenuity, Tutoring, Night school, Winter session and Summer school.

School Psychologist

The psychologist is available to provide testing and psychological information beyond the scope of the classroom teacher. The School Psychologist plays a counseling role to students and parents, and provides assistance to teachers in the implementation of effective teaching strategies for individual students exhibiting learning and/or behavioral difficulties. All psychological testing requires parent permission.

Special Needs (IEP, 504)

Special Education classes are offered for students who qualify for the program. An Individualized Education Program spells out exactly what special education services a student will receive and why. The IEP is planned at an IEP meeting. The Rehabilitation Act and the Americans with Disabilities Act specifies that no one with a disability can be excluded from participating in federally funded programs or activities. 504 identified students are provided with necessary modifications and accommodations that will be needed for them to have an opportunity to perform at the same level as their peers in the general educational setting. Please contact your student's counselor or the school psychologist for more information on these programs and services.

Student Study Teams

Student Study Teams (SST) are problem solving groups composed of teachers, administrators and other staff members who come together with the sole purpose of identifying and evaluating the challenges that an individual student is dealing with and designing collaborative interventions to improve the student's success in school. The exact functions and services of the teams vary with the needs of the individual student. Students and parents may request a SST meeting through their teacher, counselor or administrator.

College and Career Readiness

Career Center Services

Students have access to a wide range of college and career readiness services in the campus Career Center. Services available in the career center include: work permits, college and career interest profile workshops using CCGI, college visitations from UC, CSU and private college representatives, military/ASVAB testing, community college application and placement testing, FAFSA, and college application workshops. Additionally, students interested in opportunities including the fire and police Explorers program may inquire about these programs at the career center.

Career Day

Tulare Union hosts a Career Day event for all students in the junior class. The event includes a keynote speaker, along with break-out sessions that allow students to choose which professionals they would like to learn from. Students get the opportunity to hear about real work experience from professionals in their selected field of interest, and are exposed to the day to day experiences, education, pay, benefits, etc. of the professions they are interested in.

Career Pathways and Academies

Tulare Joint Union High School District (TJUHSD) is committed to providing college and career readiness pathways at each high school. Students interested in a career pathway program, or “academy” are encouraged to contact their counselor for more information. Currently there are 4 career pathway academies offered within the district; Art, Agriculture, Pre-Medicine and Engineering. Students enrolled in a career pathway benefit from small learning communities, college preparation, career-themed focus, academic rigor blended with technical relevance,

project-based/hands-on learning and work-based learning opportunities.

Scholarships

All high school seniors planning for 2 and 4 year college in their future as well as technical education are encouraged to look at the comprehensive list of scholarships available on the school website. The Career Technician is available to answer questions and guide students through the scholarship application process.

CCGI California College Guidance Initiative

CCGI is a computer-based college and career readiness platform available to all students within the Tulare High School District. This program enables students to engage in self-discovery, career exploration, academic planning, and college preparation. Students and parents are given information and training on how to access this program and are encouraged to use it to explore their interests and strengths and develop a course of study that matches their long-term educational goals.

Internship/Job Shadowing

Our Career Internship & Job Shadowing Program is offered to students in their junior or senior year. The program is designed to give our students hands-on experience in their selected career interests. Students interested in this program can speak to their counselor.

Social/Emotional Services (SEL)

Crisis Counseling

All TU counselors have been trained to provide basic crisis intervention to students struggling with issues of depression, anxiety, thoughts of suicide, relationship problems, issues of drug/alcohol abuse and other common mental health issues. Counselors assess student's needs, provide appropriate intervention and refer the students to further resources (on campus or off campus) as needed. It is the goal of all counseling staff to address the social and emotional health of our students with empathy and respect. Crisis counseling is available on a walk-in basis through the Counseling Center.

Peer Mediation

TU counselors are available to provide mediation between students who may be struggling with peer conflicts. Peer mediation is available on a walk-in basis.

YoungLives

YoungLives is a community-based resource that provides mentorship and support to students who are pregnant or who have young children. YoungLives staff are volunteers and meet with students on campus weekly to provide education, support and life-skills training.

Teen Dating Violence Awareness Week

An annual program offered in conjunction with the Tulare Co. District Attorney's office that provides awareness and education for teens regarding dating violence.

SSIP Coaches (Safe Student Intervention Program)

SSIP Coaches serve as mentors for students impacted by or at risk of gang involvement. SSIP Coaches guide by assisting them academically, offering cognitive and behavioral support and encouraging attendance. SSIP coaches also offer restorative justice practices to guide students through conflict resolution.

Tulare Youth Services Bureau (TYSB)

TYSB is a community based mental health treatment provider that contracts the school district to provide mental health services on campus for students who need additional support from a trained mental health professional. Individual and group support is offered on campus through TYSB therapists. Additionally, TU counselors utilize TYSB as a primary referral source for students and their families struggling with social/emotional problems.

Recovery Resources

Recovery Resources is a community-based organization that offers drug and alcohol intervention services to student athletes who test positive for an illegal substance.

Intervention Resource Classroom (IRC)

The (I)ntervention (R)esource (C)lassroom is located on campus. It provides social and emotional support for students, as well as academic help. The Life Skills class helps with skill building such as: organization, peer mediation, coping skills, and mindfulness. The main impact of these support services is to help increase attendance and parental involvement as well as decrease detentions and suspensions.

Student Services

Ms. Gonzalez in student services is a trained mental health professional who provides services related to a student's social emotional well-being and life adjustment to school and/or society. She provides direct as well as indirect services to students, families and school personnel to promote and support students' emotional well-being as well as academic success.

Ms. Gonzalez is on campus every day of the week and provides,

- Interim Counseling
- Support to students in developing positive coping strategies
- Individual & Group Mental Wellness Support
- Referrals & Community Linkages
- Parent/Caretaker Support
- Classroom Support

Reconnecting Youth/Tribal "Counsel"

Sophomore students in need of additional support for academic progress or social and emotional issues are offered a course that is taught using the Reconnecting Youth curriculum.

SPRIGEO- Anonymous Reporting

TU utilizes anonymous reporting for campus bullying or safety threats through SPRIGEO. The web address of the SPRIGEO website is on the back of all student's ID cards. Students can make anonymous reports for safety threats, bullying, cyberbullying, harassment or intimidation at school. This reporting method can also be used for students who become aware of weapons, drugs or alcohol at school and/or students who talk about hurting themselves.

LGBTQ+ Support/Safe Space

Although our campus works hard to be inclusive to all students there are several areas of the TU campus that are designated as safe spaces for our LGBTQ+ students. These spaces are indicated by the Safe Space stickers on the window of the classroom or building. Additionally, our counselors encourage LGBTQ+ students to find additional support through a community-based, peer led support group at TYSB called "Out Loud." This group provides a safe, supportive community for teens who identify as lesbian, gay, bi-sexual, transgendered or questioning, have parents who are LGBTQ+ or are supportive straight allies. Room 71 and room 200 are "Safe Rooms" for any student seeking a safe place to meet or hang out.

Health Services

Nursing services are a part of our overall assessment of a student's ability to function in school. The school nurse assists in determining a student's ability to function in class, provides health education and resources for students regarding reproductive health and ensures accessibility to all educational rights for students who are parenting, pregnant or nursing. Students who are nursing babies can use the small conference room behind the nurses office for complete privacy.

Personal Counseling

Counselors are available daily to meet with students who are looking for a safe and confidential place to share their feelings and personal issues. All conversations are confidential unless issues of abuse, suicide and safety are discussed.