

TULARE JOINT UNION HIGH SCHOOL DISTRICT

2024-2025 ATHLETIC PHYSICAL SCHEDULES

TJUHSD has partnered with Adventist Health to offer FREE athletic physicals for all incoming 9th graders as well as current high school students.

Items required to be cleared to participate in athletics:

1. Online 2024-2025 Athletic Physical Clearance Registration on FamilyID.com-**Complete prior to attending**
2. Complete and bring the Pre-Medical History form signed by parent/guardian
3. Complete and bring the TJUHSD Athletic and Activity/Club Registration Form
4. Please bring a copy of your insurance card for physical clearance

ALL FORMS CAN BE PICKED UP AT YOUR SCHOOL NURSE'S OFFICE.
PARENTS ARE ENCOURAGED TO ATTEND.

<u>DAY</u>	<u>DATE</u>	<u>TIME</u>	<u>GROUP</u>	<u>LOCATION</u>
WED	MAY 15	3-5:30PM	MO ATHLETES	MISSION OAK
THURS	MAY 16	3-5:30PM	TW ATHLETES	TULARE WESTERN
THUR	MAY 23	3-5:30PM	TU ATHLETES	TULARE UNION

Students must attend the physical at their school.

Please contact your school nurse or athletic director with any questions.

Mission Oak 686-7308
AD-Osama Hamid
Nurse: Taylor Molina

Tulare Western 686-8751
AD-Mike Powell
Nurse: Mimi Shirey

Tulare Union 686-4761
AD: Diana Nalbandian-Hatton
Nurse: Maria Moreno

